Range of Motion Mobile, Midrange, Stable

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| Ankle flexion |  |  |
| Knees |  |  |
| Femur rotation | External? | Internal? |
| Spinal mobility |  |  |
| Shoulder mobility |  |  |
| Arm to torso proportion |  |  |
| Arm to head proportion |  |  |
| Femur to torso proportion |  |  |
| Femur flexion |  |  |
| Wrist flexion |  |  |
| Elbow |  |  |